

The logo features the word "MULLIGAN" in a large, white, sans-serif font. A horizontal line is positioned above the letters "I" and "G", and another horizontal line is positioned below the letters "I" and "G". The letters "I" and "G" are partially enclosed by these lines. To the right of the word "MULLIGAN" is a small "TM" trademark symbol.

# MULLIGAN<sup>TM</sup>

Manual Therapy Concept

LAST UPDATE: NOVEMBER 2020

## REFERENCE LIST

Reference lists have been prepared concerning indexed articles focusing on the Mulligan Concept. These lists are updated regularly. The last update was in November 2020.

# REFERENCE LIST

This document contains the 2020 edition of the references pertaining to the Mulligan Concept. There are 344 references in total in the list. This number continues to grow year by year as more and more research about the Mulligan Concept is performed and published.

It is organised by sections as follows:

1. General
2. Cervical spine
3. Temporomandibular Joint
4. Shoulder
5. Elbow
6. Wrist & Hand
7. Thoracic spine & rib cage
8. Lumbar spine
9. SIJ & Pelvis
10. Hip
11. Knee
12. Foot & Ankle
13. Other

The latest edition of each of the Mulligan Concept textbooks have been placed in the general section. Individual book chapters within these texts covering specific body regions exist but have not been individually referenced, such as the chapter long case studies in “Mobilisation with Movement: The Art and the Science” by Vicenzino et al. Apart from these texts, all other references are published journal articles relating to the concept. Some articles appear in more than one section as they cover more than one body region (for example the case study by da Rocha et al, 2006 which involves both the lumbar spine and the knee).

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